

Proclamation



D.C. STROKE AWARENESS DAY

JUNE 29, 2011

WHEREAS, the American Heart Association is hosting DC Stroke Awareness to provide education and raise awareness of stroke risk factors and warning signs, and to learn more about ways to help combat this disease; and

WHEREAS, stroke is a leading cause of serious long-term disability and the fourth leading cause of death in the United States, killing over 136,000 nationwide and African-Americans are high risk factors due to family history, diabetes and high blood pressure; and

WHEREAS, warning signs of stroke include sudden numbness or weakness of the face, arm or leg, especially on one side of the body; sudden vision problem, trouble walking, dizziness, loss of balance or coordination and sudden severe headache; and

WHEREAS, screenings, health materials and giveaways will be available throughout the day at various hospitals to help educate people about stroke prevention:

NOW, THEREFORE, I, THE MAYOR OF THE DISTRICT OF COLUMBIA, do hereby proclaim June 29, 2011, as "D.C. STROKE AWARENESS DAY" in Washington, DC, and call upon all the residents of this great city to make an effort to familiarize themselves with all the risk factors associated with having a stroke and take the necessary measures to help prevent this deadly disease from affecting their life.

Vincent C. Gray

